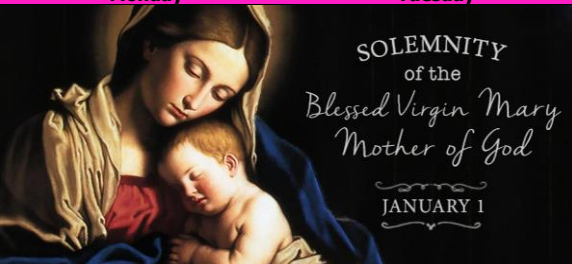







# January 2025 Elementary School Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>SOLEMNITY</b> of the <i>Blessed Virgin Mary</i> Mother of God JANUARY 1</p>		 <p><b>NEW YEAR'S DAY</b> <b>NO SCHOOL</b></p>	 <p><b>NO SCHOOL</b></p>	 <p><b>NO SCHOOL</b></p>
<p>Tropical Smoothie Graham Crackers <b>OR</b> Choice of Cereal <b>AND</b> Diced Peaches Diced Potatoes</p>  <p><b>EPHANY</b> <b>Three King's Day</b></p>	<p>Pancake &amp; Sausage on a Stick <b>OR</b> Choice of Cereal <b>AND</b> Choice of 2 Fresh Fruits Banana Buttered Grits</p>	<p>Scrambled Eggs w/Toast <b>OR</b> Choice of Cereal <b>AND</b> Fresh Fruit Diced Potatoes</p>	<p>Chicken Biscuit <b>OR</b> Choice of Cereal <b>AND</b> Fresh Fruit Diced Potatoes</p>	<p>Dutch Waffle <b>OR</b> Choice of Cereal <b>AND</b> Applesauce Fresh Fruit Buttered Grits</p>
<p>Sausage Biscuit <b>OR</b> Choice of Cereal <b>AND</b> Diced Peaches Fresh Fruit Buttered Grits</p>	<p>Tropical Smoothie Graham Crackers <b>OR</b> Choice of Cereal <b>AND</b> Fresh Fruit Diced Potatoes</p>	<p>Southern Chicken &amp; Waffles <b>OR</b> Choice of Cereal <b>AND</b> Fresh Fruit Diced Potatoes</p>	<p>Fluffy French Toast Sticks <b>OR</b> Choice of Cereal <b>AND</b> Choice of 2 Fresh Fruits Banana Buttered Grits</p>	<p>Homemade Cinnamon Roll <b>OR</b> Choice of Cereal <b>AND</b> Applesauce Diced Potatoes</p>
 <p><b>MARTIN LUTHER KING DAY</b> <b>NO SCHOOL</b></p>	<p>Tropical Smoothie Graham Crackers <b>OR</b> Choice of Cereal <b>AND</b> Diced Peaches Diced Potatoes</p>	<p>Sausage w/Toast <b>OR</b> Choice of Cereal <b>AND</b> Fresh Fruit Diced Potatoes Buttered Grits</p>	<p>Classic Pancakes <b>OR</b> Choice of Cereal <b>AND</b> Choice of 2 Fresh Fruits Banana Buttered Grits</p>	<p>Fresh Beignet <b>OR</b> Choice of Cereal <b>AND</b> Applesauce Diced Potatoes</p>
<p>Chicken Biscuit <b>OR</b> Choice of Cereal <b>AND</b> Diced Peaches Fresh Fruit Buttered Grits</p>	<p>Tropical Smoothie Graham Crackers <b>OR</b> Choice of Cereal <b>AND</b> Fresh Fruit Diced Potatoes</p>	<p>Scrambled Eggs w/Toast <b>OR</b> Choice of Cereal <b>AND</b> Fresh Fruit Diced Potatoes</p>	<p>Pancake &amp; Sausage on a Stick <b>OR</b> Choice of Cereal <b>AND</b> Fresh Fruit Diced Potatoes</p>	<p>Dutch Waffle <b>OR</b> Choice of Cereal <b>AND</b> Applesauce Fresh Fruit Buttered Grits</p>

## A New Year's Blessing

May God make your year a happy one!  
Not by shielding you from all sorrows and pain,  
But by strengthening you to bear it, as it comes;  
Not by making your path easy,  
But by making you sturdy to travel any path;  
Not by taking hardships from you,  
But by taking fear from your heart;  
Not by granting you unbroken sunshine,  
But by keeping your face bright,  
even in the shadows;  
Not by making your life always pleasant,  
But by showing you when people  
and their causes need you most,  
and by making you anxious to be there to help.  
**GOD'S LOVE, PEACE, HOPE & JOY**  
To you for the year ahead.




- The speech was ranked the top speech of the 20th Century by a poll of academics
- The words 'I have a dream' were actually ad libbed on the day
- The speech had several names and drafts, including "A cancelled check" and "The normalcy speech"
- As a result of the speech, Dr King was named Man of the Year by Time Magazine in 1963
- And won the Nobel Peace Prize the following year
- The speech was watched by more than 200,000 people assembled for the March on Washington
- Dr King drew his references from sources such as The Bible, the US Declaration of Independence and Shakespeare
- It lasts 17 minutes and is widely considered to have been drafted in the hours before the rally
- King was so busy with the march that, before the speech, he still did not have a firm idea about what he was going to say

**9 Things you might not know**

\*\*Lactose-free, low fat chocolate or low fat white milk offered with all meals.\*\*Fresh fruit options are grapes, oranges, bananas or apples.\*\*Menus are subject to change.\*\*This institution is an equal opportunity provider.\*\*