











# January 2025 Elementary Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>SOLEMNITY of the Blessed Virgin Mary Mother of God</b> JANUARY 1</p>	 <p><b>NEW YEAR'S DAY</b> <b>NO SCHOOL</b></p>	 <p><b>NO SCHOOL</b></p>	 <p><b>NO SCHOOL</b></p>	
<p>Chicken &amp; Sausage Jambalaya Glazed Sweet Potatoes Seasoned Green Beans Chilled Pineapples <b>King Cake</b></p>  <p><b>Three King's Day</b></p>	<p>Crispy or Soft (PK) Beef Tacos Sliced Jalapeños Shredded Cheese Salsa Buttered Corn Fresh Fruit (PK: Banana)</p>	<p>Chicken Alfredo Roasted Cauliflower Caesar Salad Fresh Fruit (PK: Banana)</p>	<p>Salisbury Steak Baked Beans Mashed Potatoes w/wo Gravy Southern Butter Roll Fresh Fruit (PK: Applesauce)</p>	<p>Beef Pot Roast w/wo Gravy Herb Parsley Rice Roasted Broccoli Carrot Souffle Diced Peaches</p>
<p>Sweet Heat Meatballs Macaroni and Cheese Caesar Salad Baked Beans Fruit Slushie</p>	<p>Crispy or Soft (PK) Chicken Tacos Sliced Jalapeños Shredded Cheese Salsa Buttered Corn Fresh Fruit (PK: Banana) <b>King Cake</b></p>	<p>Spaghetti &amp; Meat Sauce Cheesy Cauliflower Southern Butter Roll Fresh Fruit Banana (PK)</p>  <p><b>Nutrition Day</b> Zucchini</p>	<p>Beef &amp; Broccoli Teriyaki Bowl Chicken Egg Roll w/ Sweet Chili Sauce Cucumber &amp; Tomato Salad Fresh Fruit</p> <p><b>PK:</b> Beef &amp; Broccoli Teriyaki Bowl Cucumber &amp; Tomato Salad, Applesauce</p>	<p><b>Brunch for Lunch</b> Sausage and Pancakes Diced Potatoes Baby Carrots Diced Peaches</p>
 <p><b>MARTIN LUTHER KING DAY</b> <b>NO SCHOOL</b></p>	<p>Loaded Nachos Sliced Jalapeños Salsa Buttered Corn Fruit Slushie <b>King Cake</b></p> <p><b>PK:</b> Toasted Grilled Cheese, Fries, Corn, Fruit Slushie, King Cake</p>	<p>Italian Bake Glazed Carrots Caesar Salad Fresh Fruit Banana (PK)</p>	<p>Roasted Sweet Chili Chicken Herb Parsley Potatoes Baked Beans Southern Butter Roll Fresh Fruit Banana (PK)</p> <p><b>PK:</b> Chicken Smackers</p>	<p>Shepherd's Pie Seasoned Green Beans Southern Butter Roll Applesauce</p>
<p>White Beans Steamed Rice Breaded Pork Chop Caesar Salad Diced Peaches</p>	<p>Crispy or Soft (PK) Beef Tacos Sliced Jalapeños Shredded Cheese Salsa Buttered Corn Fresh Fruit (PK: Banana) <b>King Cake</b></p>	<p>Chicken Teriyaki Fried Rice Teriyaki Green Beans Roasted Cauliflower Mandarin Oranges</p>  <p><b>Chinese New Year</b></p>	<p>Chicken &amp; Sausage Gumbo Steamed Rice Caesar Salad Potato Salad Fresh Fruit (PK: Banana) Southern Butter Roll</p>	<p><b>Brunch for Lunch</b> Chicken and Waffles Diced Potatoes Baby Carrots Fresh Fruit (PK: Banana)</p>

## A New Year's Blessing

May God make your year a happy one!  
Not by shielding you from all sorrows and pain,  
But by strengthening you to bear it, as it comes;  
Not by making your path easy,  
But by making you sturdy to travel any path;  
Not by taking hardships from you,  
But by taking fear from your heart;  
Not by granting you unbroken sunshine,  
But by keeping your face bright,  
even in the shadows;  
Not by making your life always pleasant,  
But by showing you when people  
and their causes need you most,  
and by making you anxious to be there to help.  
**GOD'S LOVE, PEACE, HOPE & JOY**  
To you for the year ahead.

- The speech was ranked the top speech of the 20th Century by a poll of academics
- The words 'I have a dream' were actually ad libbed on the day
- The speech had several names and drafts, including "A cancelled check" and "The normalcy speech"
- As a result of the speech, Dr King was named Man of the Year by Time Magazine in 1963
- And won the Nobel Peace Prize the following year
- The speech was watched by more than 200,000 people assembled for the March on Washington
- Dr King drew his references from sources such as The Bible, the US Declaration of Independence and Shakespeare
- It lasts 17 minutes and is widely considered to have been drafted in the hours before the rally
- King was so busy with the march that, before the speech, he still did not have a firm idea about what he was going to say

**9 Things you might not know**

\*\*Lactose-free, low fat chocolate or low fat white milk offered with all meals.\*\*Fresh fruit options are grapes, oranges, bananas or apples.\*\*Menus are subject to change.\*\*This institution is an equal opportunity provider.\*\*