

# November 2022

## Elementary Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Chicken Nuggets French Fries Golden Corn Fresh Fruit Chilled Pineapples Cinnamon Roll Milk	<b>Irish</b> Shepherd's Pie Glazed Carrots Baked Beans Fresh Fruit Chilled Strawberries Roll Milk	Lasagna Caesar Salad Fresh Fruit Chilled Applesauce Garlic Roll Milk	<b>SFNS Popcorn Chicken Bowl</b> Chicken Smackers Mashed Potato with Gravy Shredded Cheese Golden Corn Fresh Fruit Chilled Pears Roll Cake Milk
7	8	9	10	11
<b>School Closed</b>	Beef Totchos Cheese Sauce Golden Corn Fresh Fruit Chilled Strawberries Cinnamon Roll Milk	<b>Hawaiian</b> Sweet Heat Meatballs Macaroni & Cheese California Mixed Vegetables Baked Beans Fresh Fruit Chilled Pineapples Roll Milk	Chicken Parmesan Caesar Salad Fresh Fruit Chilled Applesauce Garlic Roll Milk  <b>Pre K Option</b> Chicken Nuggets	Chicken and Sausage Gumbo Steamed Rice Potato Salad Broccoli with Cheese Fresh Fruit Chilled Pears Roll Brownie Milk
14	15	16	17	18
White Beans Steamed Rice Chicken Smackers (Pre K) or Sausage Broccoli and Cheese Fresh Fruit Chilled Peaches Roll Milk	Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Fresh Fruit Chilled Strawberries Cinnamon Roll Milk	<b>Asian</b> General Tso Chicken Smackers  Fried Rice  California Blend Vegetables Spring Salad Mix Fresh Fruit Chilled Mandarin Oranges Roll Milk  <b>Nutrition Day</b> Mushrooms	<b>Thanksgiving Feast</b> Sliced Turkey  Cajun Rice  Carrot Souffle Seasoned Green Beans Fresh Fruit Chilled Applesauce French Bread Cake Milk	Meatballs & Spaghetti Caesar Salad  Fresh Fruit  Chilled Pears Garlic Roll Milk
21	22	23	24	25
<b>School Closed</b>	<b>School Closed</b>	<b>School Closed</b>	<b>School Closed</b> <b>Happy Thanksgiving</b>	<b>School Closed</b>
28	29	30		
Chicken Stew Steamed Rice Seasoned Green Beans  Glazed Carrots Fresh Fruit Chilled Peaches French Bread Milk	Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Fresh Fruit Chilled Strawberries Cinnamon Roll Milk	<b>New Orleans, Louisiana</b> Red Beans  Steamed Rice Breaded Pork Chops Creamed Spinach Fresh Fruit Chilled Pears Roll Milk		