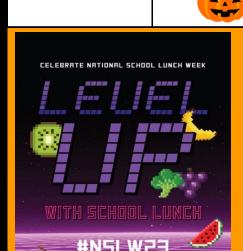


October 2023 Elementary School Lunch Menu



Monday Tuesday Wednesday **Thursday Friday** Fried Catfish Crispy or Soft (PK) Beef Taco Creole Pastalaya Salisbury Steak Chicken & Sausage Jambalaya White Beans Shredded Cheese Roasted Cauliflower Mashed Potatoes w/Gravy Glazed Carrots Steamed Rice Salsa Caesar Salad Steamed Broccoli Steamed Green Beans Roasted Broccoli Golden Corn Orange Cheesy Breadstick Chilled Pineapples Banana (PK) Chilled Peaches Chilled Strawberries Fruit Slushie Cheesy Breadstick Homemade Cinnamon Stick PK Option Only: Breaded Fish Nuggets BBQ Chicken Breast Crispy or Soft (PK) Chicken Taco Chicken & Sausage Gumbo Spaghetti & Meat Sauce Brunch for Lunch Shredded Cheese Caesar Salad Steamed Rice Fluffy Pancakes and Sausage Baked Beans Salsa Glazed Carrots Steamed Broccoli Diced Potatoes Fresh or Steamed Baby Carrots Golden Corn Steamed Green Beans Fruit Slushie Roasted Broccoli Diced Pears Chilled Strawberries Chilled Peaches Gooey Cake Apple Homemade Cinnamon Roll Banana (PK) **School Lunch Week** National LEUEL Crispy or Soft (PK) Beef Taco **BBO Chicken Breast** Creole Pastalaya Chicken & Sausage Jambalaya Breaded Pork Chop Glazed Carrots Caesar Salad Roasted Broccoli Baked Beans Shredded Cheese Steamed Green Beans Salsa Steamed Green Beans Glazed Carrots Grapes Banana (PK) Diced Pears Golden Corn Cheesy Breadstick Yellow Rice Cheesy Breadstick Chilled Strawberries Cheesy Breadstick Fruit Slushie Chilled Applesauce Homemade Cinnamon Stick **Nutrition Day** Okra Chicken Smackers Crispy or Soft (PK) Chicken Taco Spaghetti and Meatballs Salisbury Steak General Tso Chicken Smackers Mashed Potatoes w/Gravv Red Beans Shredded Cheese Caesar Salad Fried Rice Steamed Rice Salsa Grapes Steamed Green Beans Roasted Cauliflower Glazed Carrots Golden Corn Banana (PK) Cheesy Breadstick Steamed Broccoli Orange-Cream Sidekicks Chilled Mandarin Oranges Chilled Pears Chilled Strawberries Homemade Cinnamon Roll School Food Service Employee Appreciation Week Mexican Beef Pizza Fried Catfish White Beans Golden Corn Steamed Rice 3.6_G 18 Roasted Broccoli Homemade Cinnamon Stick



Orange-Cream Sidekicks

Chilled Peaches

PK Option Only:

Breaded Fish Nuggets







