

October 2020 HYBRID Elementary Lunch Menu



				YOUR TICKET TO GOOD NUTRITION
Monday	Tuesday	Wednesday	Thursday	Friday
			1 Meatsauce and Spaghetti Garlic Roll Creamed Spinach Chilled Pears Milk	Pepperoni or Cheese Pizza Shredded Lettuce/Tomato Tots/Shoestring/Crinkle/Smile Chilled Peaches Cake Milk
			Mozeralla Sticks with Marinara	Southwest Chicken Pita
5	6	7	8	9
Salisbury Steak Mashed Potatoes	Crispy or Soft Beef Taco Shredded Cheese	Brunch for Lunch Pancakes	Fish Treasures White Beans	Meatballs and Spaghetti Broccoli with Cheese
Southern Butter Roll Seasoned Greenbeans Chilled Applesauce Milk	Shredded Lettuce & Chopped Tomatoes Golden Corn Fresh Fruit Chilled Pears Cinnamon Stick Milk	Sausage Patty Tator Tots Chilled Strawberries Milk	Rice Mandarin Oranges Milk	Chilled Peaches Garlic Roll Brownie Milk
White Grilled Cheese			Hamburger on Bun w/wo Cheese	Chicken Nuggets
12	13	14	15	16
Red Beans (Chicken Smackers for Pre K only)	Crispy or Soft Beef Taco Shredded Cheese	Chicken Fajita Alfredo Pasta Southern Butter Roll	Chicken Nuggets Baked Macaroni and Cheese	Italain Bake Pasta Steamed Broccoli
Rice Chicken Smackers/Sausage Links Glazed Carrots Mandarin Oranges Milk	Shredded Lettuce & Chopped Tomatoes Golden Corn Fresh Fruit Chilled Pears Cinnamon Roll Milk	Seasoned Greenbeans Chilled Strawberries Milk Bacon Cheeseburger on Bun	Carrot Souffle Chilled Pineapples Milk	Garlic Roll Chilled Peaches Cookie Milk
Fried Chicken Tenders		Nutrition Day Asparagus	Mini Corn Dogs	General Tso Chicken Smackers
19	20	21	22	23
Sweet Heat Meatballs Macaroni & Cheese	Crispy or Soft Beef Taco Shredded Cheese	Chicken Parmesan Pasta Casear Salad	Loaded Nacho Supreme Bowl Shred Lettuce & Diced Tomatoes(optional)	Salisbury Steak Mashed Potatoes
Baked Beans Chilled Applesauce Milk	Shredded Lettuce & Chopped Tomatoes Golden Corn Fresh Fruit Chilled Peaches Cinnamon Stick	Garlic Roll Chilled Strawberries <i>Milk</i>	Golden Corn Chilled Pears Milk	Glazed Carrots Chilled Pineapples Rice Krispie Treat Milk
	Milk		Pre-K Only Chicken Nuggets	
Hamburger on Bun w/wo Cheese		Chicken Tenders	Pepperoni or Cheese Pizza	Chicken Sandwich
26	27	28	29	30
Jamaican Jerk Grilled Chicken Macaroni& Cheese	Crispy or Soft Beef Taco Shredded Cheese	Red Beans (Chicken Smackers for Pre K only)	Meatsauce and Spaghetti Garlic Roll	Pepperoni or Cheese Pizza Shredded Lettuce/Tomato/Pickle
Glazed Carrots Chilled Applesauce Milk	Shredded Lettuce & Chopped Tomatoes Golden Corn Fresh Fruit Mandarin Oranges	Rice Chicken Smackers/Sausage Links Chilled Strawberries Milk	Creamed Spinach Chilled Pears Milk	Tots/Shoestring/Crinkle/Smile Chilled Peaches Cake Milk
Chicken Nuggets	Cinnamon Roll Milk	Chicken Sandwich on Bun	Mozeralla Sticks with Marinara	Southwest Chicken Pita
		This institution is an equal opportunity provider		Hallowetz