



October 2023 Elementary School Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
2 Fried Catfish White Beans Steamed Rice Roasted Broccoli Chilled Peaches PK Option Only: Breaded Fish Nuggets	3 Crispy or Soft (PK) Beef Taco Shredded Cheese Salsa Golden Corn Chilled Strawberries Homemade Cinnamon Stick	4 Creole Pastalaya Roasted Cauliflower Caesar Salad Orange Banana (PK)	5 Salisbury Steak Mashed Potatoes w/Gravy Steamed Broccoli Cheesy Breadstick Fruit Slushie	6 Chicken & Sausage Jambalaya Glazed Carrots Steamed Green Beans Chilled Pineapples Cheesy Breadstick
9 BBQ Chicken Breast Yellow Rice Baked Beans Roasted Broccoli Diced Pears 	10 Crispy or Soft (PK) Chicken Taco Shredded Cheese Salsa Golden Corn Chilled Strawberries Homemade Cinnamon Roll	11 Chicken & Sausage Gumbo Steamed Rice Glazed Carrots Steamed Green Beans Apple Banana (PK)	12 Spaghetti & Meat Sauce Caesar Salad Steamed Broccoli Fruit Slushie Goopy Cake	13 Brunch for Lunch Fluffy Pancakes and Sausage Diced Potatoes Fresh or Steamed Baby Carrots Chilled Peaches 
16 Chicken & Sausage Jambalaya Glazed Carrots Steamed Green Beans Diced Pears Cheesy Breadstick	17 Crispy or Soft (PK) Beef Taco Shredded Cheese Salsa Golden Corn Chilled Strawberries Homemade Cinnamon Stick	18 Creole Pastalaya Caesar Salad Grapes Banana (PK) Cheesy Breadstick Nutrition Day Okra 	19 BBQ Chicken Breast Roasted Broccoli Steamed Green Beans Cheesy Breadstick Fruit Slushie	20 Breaded Pork Chop Baked Beans Glazed Carrots Yellow Rice Chilled Applesauce
23 Chicken Smackers Red Beans Steamed Rice Glazed Carrots Chilled Pears 	24 Crispy or Soft (PK) Chicken Taco Shredded Cheese Salsa Golden Corn Chilled Strawberries Homemade Cinnamon Roll	25 Spaghetti and Meatballs Caesar Salad Grapes Banana (PK)	26 Salisbury Steak Mashed Potatoes w/Gravy Steamed Green Beans Cheesy Breadstick Orange-Cream Sidekicks	27 General Tso Chicken Smackers Fried Rice Roasted Cauliflower Steamed Broccoli Chilled Mandarin Oranges 
30 Fried Catfish White Beans Steamed Rice Roasted Broccoli Chilled Peaches PK Option Only: Breaded Fish Nuggets	31 Mexican Beef Pizza Golden Corn Salsa Homemade Cinnamon Stick Orange-Cream Sidekicks 			

← **National School Lunch Week** →

← **School Food Service Employee Appreciation Week** →

