





September 2019 Elementary Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
SCHOOL'S CLOSED 	Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Chilled Pears (Pre-K) Cinnamon Roll Milk HOT HAM & CHEESE SALAD BAR	<u>Brunch for Lunch</u> Biscuit Scrambled Eggs Sausage Patty Tator Tots Grits Fresh Baby Carrots AND Assorted Fruit Fresh Fruit Chilled Peaches(Pre-K) Milk CHICKEN (SPICY) FILET SALAD BAR	Fried Catfish Blackeye Peas with Rice Caesar Salad Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K) Frenchbread Milk Chicken Smackers (Pre-K) HAMBURGER w/o CHEESE SALAD BAR	Shepherd's Pie Roasted Broccoli Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K) Biscuit Brownie Milk BONELESS WINGS SALAD BAR
Red or White Beans (Chicken Smackers for Pre-K only) Rice Chicken Smackers/Sausage Links Carrot Souffle Assorted Fruit Fresh Fruit Mandarin Oranges (Pre-K) Cornbread Milk SLOPPY JOE SALAD BAR	Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Chilled Pears (Pre-K) Cinnamon Roll Milk PIZZA SALAD BAR	Chicken & Sausage Gumbo Steamed Rice Potato Salad Glazed Carrots Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K) Southern Butter Roll Milk HAMBURGER w/o Cheese SALAD BAR	Shrimp Boil with Sausage & Potatoes Corn on the Cob Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K) French Bread Milk GRILLED WHITE CHEESE w/ SOUP SALAD BAR	Italian Baked Pasta Roasted Cauliflower Roasted Broccoli Assorted Fruit Fresh Fruit Chilled Peaches(Pre-K) Garlic Roll Cookie Milk GENERAL TSO SMACKERS SALAD BAR
Chicken & Sausage Jambalaya Blackeye Peas Brussel Sprouts Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K) Cornbread Milk HAMBURGER w/o CHEESE SALAD BAR	Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K) Cinnamon Roll Milk CHICKEN TENDERS SALAD BAR	Shrimp Pasta Carrot Souffle Seasoned Greenbeans Assorted Fruit Fresh Fruit Chilled Pears (Pre-K) Frenchbread Milk <div style="border: 1px solid black; padding: 2px; display: inline-block;">NUTRITION DAY: TUSCAN KALE</div>  LOADED NACHO SUPREME BOWL SALAD BAR	Chicken Parmesan with Spaghetti Caesar Salad Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K) Garlic Roll Milk PIZZA SALAD BAR	Beef Stew Steamed Rice Seasoned Greenpeas Roasted California Blend Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K) Southern Butter Roll Rice Krispie Treat Milk CHICKEN FILET (SPICY) SALAD BAR
Jamaican Jerk Grilled Chicken Macaroni & Cheese Glazed Carrots Roasted Cauliflower Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K) Southern Butter Roll Milk SLOPPY JOE SALAD BAR	Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K) Cinnamon Roll Milk GRILLED CHEESE SALAD BAR	Red Beans (Chicken Smackers for Pre-K only) Rice Chicken Smackers/Sausage Links Brussel Sprouts Assorted Fruit Fresh Fruit Chilled Pears (Pre-K) Cornbread Milk HAMBURGER W/O CHEESE SALAD BAR	Meatballs & Spaghetti Creamed Spinach Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K) Garlic Roll Milk CREAMY RANCH CHICKEN PITA SALAD BAR	Chicken & Sausage Gumbo Steamed Rice Seasoned Greenbeans Potato Salad Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K) Biscuit Cake Milk PIZZA SALAD BAR
Salisbury Steak Mashed Potatoes w/ Gravy Glazed Carrots Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K 2) Southern Butter Roll Milk	SANDWICH FOR MONDAY (30TH) "TEX-MEX MELT" "SALAD BAR"			

This institution is an equal opportunity provider



HAPPY LABOR DAY



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